

6 QUESTIONS TO ASK ABOUT EVERY PRESCRIPTION

Did you know nearly 75% of Americans take at least one prescription drug regularly and more than half consume at least two prescriptions regularly? With stats like that, it's critical to know about the medications you're prescribed so you can take them consistently and properly.

THESE SIX QUESTIONS CAN HELP CLEAR UP PRESCRIPTIONS AT YOUR NEXT TRIP TO THE DOCTOR OR PHARMACIST:

IN THE SIMPLEST DESCRIPTION POSSIBLE, WHAT DOES THIS MEDICATION DO?

Ask the professional to explain what the medication will do to you physically and mentally.

ARE THERE SIDE EFFECTS OR SPECIAL INSTRUCTIONS I SHOULD KNOW ABOUT THIS MEDICATION?

Make sure there aren't dangerous side effects or restrictions while on a medication.

SHOULD I TAKE THIS MEDICATION WITH FOOD OR AT A CERTAIN TIME OF DAY?

It is important to understand the full instructions of your medication. Certain medications are best taken at the same time each day or with a meal.

WHEN CAN I EXPECT THE PRESCRIPTION TO START WORKING FOR ME?

Your doctor or pharmacist should be able to provide a timeline in days or hours of when the medication will take full effect.

WHAT SHOULD I DO IF I EXPERIENCE A PROBLEM TAKING THE MEDICATION?

Be prepared to contact your pharmacist or doctor if you experience anything unexpected from taking the medication.

WILL THIS MEDICATION INTERFERE WITH OTHER MEDS I'M TAKING OR MY LIFESTYLE?

Disclose all of the other medications, vitamins, supplements and lifestyle trends (traveling, genetics, etc.) you take to be sure nothing interferes with the new medication.

For more answers to your pharmacy questions, please visit [MIBluesPerspectives.com](https://www.mibluesperspectives.com).



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